Farm 2 Table
Program, a Win, Win, Win Situation!

Sup. Gioia’s May 2009 Newsletter (http://tinyurl.com/gvhaqu) provided information for this article.

Win 1: We all can enjoy seasonally fresh produce.
Win 2: CCC farmers enjoy a local market for their produce.
Win 3: We all can help families in West County gain access to fresh produce.
Win 4: We all can support another great program generated with the help of Sup. John Gioia.

Here are the details:

Fresh, Local Produce For West County Residents
A new program offers Richmond area residents boxes of fresh, locally grown produce, delivered to several pick-up spots in West County.

Customers of “Richmond Farm 2 Table,” can pick up two boxes of seasonal fruits and vegetables per month grown here in Contra Costa County. Recipes and a monthly health and nutrition newsletter are also included.

The farm boxes are part of the “Buy Fresh, Buy Local” initiative introduced by Supervisors John Gioia and Mary Piepho last year to promote county-grown produce and help urban residents enjoy the bounty of local farms. The cost of each box is $25. Under a unique pricing plan, paying members help subsidize the program for families who cannot afford the full amount. (Editor’s note: Barbara and I are participating in this program and find the amount of food just right for the two of us. We are enjoying it immensely. ACM)

Deliveries are made on the second and fourth Thursdays of each month. Pick-up sites include:
- Supervisor Gioia’s office, 11780 San Pablo Avenue, Suite D, El Cerrito
- Dr. Martin Luther King, Jr. Community Center, 360 Harbor Way, Richmond.
- Richmond Children’s Foundation, 125 Park Place, #230, Richmond.

The goals of the program are to promote nutrition, improve access to fresh produce, and support local agriculture. Supervisor Gioia’s office, the Richmond Children’s Foundation, and the Brentwood Agricultural Land Trust cooperatively developed this program.

For more information and to become a member, contact Richmond Farm 2 Table at 510-234-1200 or Luiz Gomez in Supervisor Gioia’s office at 510-374-3231.

You can download a brochure with application form at http://tinyurl.com/pklxkn. Payment Method: You can pay by monthly check of $50.00 payable to Richmond Children’s Foundation – mail to RCF 125 Park Place STE 230, Richmond, CA 94801 or pay monthly by MasterCard or Visa. You can also pay online with PayPal or MasterCard or Visa at http://www.richmondchildren.org/ (at this site click on “Contribute” and add “Farm 2 Table” in text box).

“Our decades’ reliance on the market and efforts to patch together a system to use a public and private mix has failed to carry a quality health care to all Americans. The market is the wrong model. Health care is not a commodity, it’s a human right.”