Volume 3, Issue 2 Spring 2008



315 East Leland Road, Pittsburg 94565 Antioch * Bay Point * Bethel Island * Oakley * Pittsburg

TABLE OF CONTENTS

State cuts hit health needs1	Bad food choices 5
Youth Day a success2	Family values 6
Help offered homeowners3	Community Events 7
Youth group honors Glover4	Government meetings 8
	Contact us 9

FROM SUPERVISOR FEDERAL D. GLOVER

State budget cuts hit local health care needs

THE GOVERNOR came to his senses and restored much of the state's funding for education in his May 14 budget revise. However, in so doing, he is proposing an additional \$750 million in cuts to health and human services programs.

The most vulnerable citizens of Contra Costa County will be left without a safety net, if the cuts take place.

These are our children.

At times, county agencies must intervene to make life-and-death decisions on their behalf and these agencies must have the resources and funding to respond to a child in danger.

In 2000, the state conducted a child welfare caseload study that found the caseloads carried by our social workers are twice as large as the level recommended by national standards.



In late 2006, a review of that study was conducted by UC Davis and the findings were consistent with the first report.

Despite acknowledging these findings, legislators did not provide additional funding for more child welfare workers.

Now, the governor proposes cuts that will exacerbate this crisis.

Counties operate child welfare programs on the state's behalf, following mandates and regulations set forth by the state and legislators to provide services to children and families.

The current budget cut proposals will reduce funding to counties while not reducing any performance mandates.

This situation will force the Board of Supervisors and child welfare agencies to make tremendously difficult decisions that will ultimately hurt children.

Further, the state is proposing 10 percent cuts to the foster care payment rates, which will result in fewer available, appropriate family home settings.

More abused children will have to be placed in institutions like group homes, through no fault of their own.

We must all urge the Legislature to exempt child welfare services from budget-balancing cuts.

Youth Day filled with activites and learning experiences

Youth Day was held at Freedom High School in Oakley last April 26 attracting 300 over young people from all over the county for a day iob and life of full workshops practical information, entertainment, food, games and prizes.



KEYNOTER Van Waller talked about how he overcame the obstacles in his life.

"It's fun! I like the fact that you can have fun and learn new stuff at the same time!" said Yasmine Mejia, an 8th grader from Antioch Middle School.

Designed for young people from 12 years of age to 18 years old, it was a full day of career workshops, beauty tips, business advice and interactive

entertainment held on the sprawling Freedom High School campus.

The Youth Day is the newest incarnation of what was called the Youth Summit for four years.

Sponsored by Supervisor Federal Glover, it allowed young people from all over the county to meet each other, get advice

and learn things in over 25 workshops and events that they usually don't have access to in the classroom such as the "7 steps to manhood," find out the answer to the question "What's love go to do with it?", or how to get paid for video production.



Workshops, friendships and dance steps were part of the day's agenda at this year's Youth Day.

This year's Youth Day marked the first time that the Rec Departments of Antioch, Oakley and Pittsburg worked together to to ensure the day's success.

During the day, the youth were able to see demonstrations in the martial arts, learn some dance moves, get tips in buying a car, compete in 3-on-3 basketball or conquer an inflatable obstacle course.

The kids received t-shirts and breakfast and lunch were provided. As they attended workshops and events, they received raffle tickets giving them more chances to win the raffle for a Nintendo Wii at the end of the day.

"It's super fun!" said Xithali Garcia, who is in 7th grade at Riverview Middle School in Bay Point. "I'm already excited for next year's Youth Summit!"

Since he has taken office, Glover has lent his support to a host of activities geared towards youth. Youth Day activities is just one of many programs he has funded. Among other programs he has helped find funding for are the Midnight Basketball League, afterschool tutoring programs in Pittsburg and Antioch, recreational activities in Bay Point and Oakley, the anti-gang summit held in 2007, the Bay Point All Star Cheerleaders and the East County Kids in Motion



Supervisor Glover welcomed the audience at the first housing foreclosure workshop held in Pittsburg in February. The cities of Pittsburg and Antioch cosponsored the events.

Help offered to those impacted by foreclosure crisis

The two housing mortgage workshops sponsored by Supervisor Glover in conjunction with Senator Tom Torlakson and Assemblyman Marc DeSaulnier and cosponsored by the cities of Antioch and Pittsburg attracted over 180 individuals in East County.

Antioch, Brentwood, Bay Point and Pittsburg are among the communities hardest hit in the county facing foreclosure.



The foreclosure crisis is affecting entire neighborhoods.

"For Sale" signs sprout up block after block and yards become choked up with weeds.

In some instances, it is being reported that transients illegally occupy and vandalize some of the abandoned homes. Cities and the county lose tax revenue causing budget shortfalls in public services and at the same time costs for building inspection, law enforcement targeting these homes continue to increase Presenters outlined the steps homeowners need to take when facing foreclosure and some of the scams that will be presented to them by con artists. In the latter part of the workshops, homeowners were able to avail of free housing counseling provided by Pacific Community Services.

Link to a video of the workshop at: http://youtube.com/watch?v=FZ5MFmJP-fk



CCISCO YOUTH from throughout the county and Supervisor Glover (center) were honored at ceremonies in Orinda.

CCISCO honors Contra Costa Youth, supervisor

Reprinted by permission from CCISCO newsletter

ORINDA — On Sunday, February 17, 2008 at Santa Maria Church, over 300 people attended the 10th Annual CCISCO Youth Celebration honoring a diverse group of 33 young leaders from Contra Costa County for their leadership and dedication to their community. The event highlighted the work that youth leaders have achieved in order to the problems facing youth in Contra Costa County.

"Contra Costa has the highest death rate for young people in the entire Bay Area," stated Lizette Nogueda, CCISCO youth leader and chairperson for the event. "But CCISCO youth leaders are dedicated to changing that and we will not rest until all young people can grow up in a healthy and safe environment."

The event began with a rap song "C-C-I-S-C-O: The Power of Peace" which was prepared by Bay Point youth

especially for the celebration as a way to promote a positive message. A documentary entitled *And the Youth Shall Lead Them* was also presented at the Youth Celebration which demonstrated the impact of CCISCO youth organizing. The film showcased the substantial contributions of youth to their communities.

These contributions included pioneering efforts to create a new job training program for at-risk youth; leading an effort to convert a church parking lot into a new soccer field to provide a safe place to play for hundreds of Richmond youth; launching efforts to improve college access for low-income youth of color; and leading efforts to expand health care for uninsured youth and adults.

"It is an honor to be associated with CCISCO and the work that young people

are taking on" said Supervisor "You are the ones that hold us accountable to make the results a reality. I know that as I get older that I

Assemblymember Mark DeSaulnier of the 11th District served as Keynote Speaker for this momentous occasion. DeSaulnier acknowledged the dedication and commitment creating to opportunities for youth in Contra Costa. "Contra Costa has tremendous challenges," said Assemblymember Mark DeSaulnier. "To see young people coming together with adults and calling for a rebirth in our communities is inspiring."

The Youth Celebration also honored special honorees. Teresa Flores, a CCISCO youth leader received the Outstanding Youth Citizen Award for her healthcare work in Oakley. Her hard work has paved the way for future generations of Contra Costa residents to receive health insurance.

The award for Youth Ally was given to Supervisor Federal D. Glover for his continued support of youth leaders and their innovative ideas. Federal Glover.

am going to be in very good hands because of the leadership that CCISCO is bringing to Contra Costa County."

Ruben Rodriguez, Vice President of the United Way of the Bay Area, was honored as Youth Supporter for United Way's commitment to supporting youth development in Contra Costa County.

"In my work with CCISCO, I have learned that power is in people," honoree Teresa Flores shared. "It is in people who come together and stand up for change in their community. If we stick together and share our power, we can bring the changes that we need in Contra Costa County."

This is the 10th year CCISCO has honored youth leaders. Over 250 young people of all races, religions, and economic backgrounds from across Contra Costa have been received awards.

Supervisor Glover appears in CCISCO's documentary "And the Youth Will Lead" at

http://www.youtube.com/watch?v=XoZ2df DI5-Y

NEWS YOU CAN USE

County has abysmally bad healthy food choices

Where people live increases their risk of obesity or diabetes and Contra Costa is among the top 10 atrisk counties in California, according to a new statewide report released today.

The landmark report, Designed for Disease: the Link Between Local Food Environments and Obesity and Diabetes, examined the correlation between the health of nearly 40,000 Californians and the mix of retail food outlets near their homes. Counties were ranked using a

Retail Food Environment Index that compared the ratio of fast food and convenience markets to grocery stores that carry a wider selection of healthy food choices, such as fresh fruits and vegetables.

Contra Costa County health officials went one step further with their own study surveying stores in neighborhoods in Richmond and Concord's Monument Corridor areas, where residents are at a higher risk of obesity, diabetes and chronic disease than other Contra Costa residents.

They found some neighborhoods overrun with fast-food convenience stores and others lacking grocery outlets that sell healthy products such as produce and low fat products, said Charlotte dairy Dickson, Obesity and Diabetes Prevention Coordinator with Contra Costa Health Services' (CCHS) Community Wellness & Prevention Program.

"The new state report highlights the need to address access to healthy food, and our survey was a way for us to assess where to focus our efforts. The bottom line in Contra Costa is that 60% of adults and one in four elementary and high school children are overweight or obese, putting them at a higher risk of diabetes and other chronic disease. The costs of obesity are enormous in terms of personal suffering and treating these diseases is expensive, but we can prevent it and everyone has a role to play," Dickson said.

To increase access to healthy food choices in these neighborhoods, CCHS plans to work with community partners and residents in these areas

to encourage and help stores to improve their offerings. Simple changes, such as carrying more fresh produce and low fat milk, can mean big improvements.

"We're trying to create healthier options in these stores so that a parent or grandparent who is running to the store can make a healthy dinner for their children or grandchildren," Dickson said.

CCHS conducted its neighborhood food store quality survey with the West County HEAL Collaborative and the Monument Community Partnership.

The state study, the first in California to make the direct connection between geographic location and obesity and diabetes risk, was produced by the California Center for Public Health Advocacy, PolicyLink and the UCLA Center for Health Policy Research.

The full report is available on the CCPHA Web site: www.publichealthadvocacy.org

SERVING THE PUBLIC

County helping to preserve the family

The basic unit of our society is the family. Many of the problems facing our communities — from gang wannabes to school performance to homelessness — can sometimes be traced to the breakdown of the family, in whatever form it takes.



Valerie Early, director of Children & Family Services.

Through the Family Preservation program, intensive support services are provided to families with children who are at risk of out-of-home placement. This program emphasizes keeping families together in a safe, nurturing environment and providing them with skills

that will last when they leave the program.

Family Preservation staff develop intervention techniques that are tailored to fit the individual needs of families. Each year, nearly 120 overburdened families within the Children & Family Services Bureau (CFS) and Probation departments receive intensive services that help them stay together safe and healthy.

Typical family profile

Early this year Ms. Baker's two small children were living with a foster family as she struggled with the burdens of poverty and being a single parent. Within six months her children were returned to her care, given she still faced many challenges, she was referred to the Family Preservation program. She nervously entered the program and was surprised when a worker came to her

house to start services in her own community.

Over the next few months, with the help of her Family Preservation worker, Ms. Baker developed an individual family plan that met her specific needs, received individual counseling and family therapy with the children, developed a safety plan, and got referrals to community based service providers to help with the transition out of Family Preservation. She now lives with her two children in a safer, healthier setting and is connected to many community resources.

Families access services through the Children & Family Services Bureau and the Probation Department. Services are available countywide; for more information Rhonda Smith email at the Employment & Human Services Department at smithr@ehsd.cccounty.us.

COMMUNITY EVENTS

May 26. 9 a.m. – 2 p.m. Bay Point Derby Parade and Festival

Memorial observance at Ambrose Center flagpole Parade starts at 10 a.m. Route is Willow Pass Road followed by a festival at the Ambrose Recreation and Park Center. Sponsored by Bay Point Chamber of Commerce and the Garden Club

May 26, 10 a.m.

Memorial Day Ceremonies

Veterans Memorial

Small World Park, Pittsburg

May 26, 10 a.m. Memorial Day Observance

Veterans Memorial Oak View Memorial Park Cemetery, 18th St., Antioch



May 26, 11 a.m. **Memorial Day services** Holy Cross Cemetery, 18th St., Antioch

May 26, Supervisor's office is closed.

May 28, 6 p.m. -8 p.m. **Environmental Justice Community Forum**

Discuss findings of survey of environmental concerns. Dinner provided. Riverview Middle School, 205 Pacifica Ave., Bay Point.



June 3, All Day California elections for County and state representatives Get out and vote!

June 5, 7 p.m. – 8 p.m. Golden State Water Company's Town Hall Talk about water rates and quality Ambrose Center, Bay Point

June 12, 9 a.m. – 1 p.m. YES (Youth Employment Services) Kick-off Workshops and job interviews for young people Ambrose Center, Bay Point

June 7 & 8, Noon to 7 p.m. **Black Diamond Blues Festival** Downtown Pittsburg. Admission

June 14, 11 a.m. to 3 p.m. **Unity in Community**

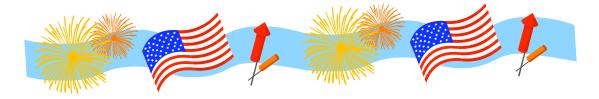
Sponsored by the Bay Point Partnership, a coalition of nonprofit service providers Ambrose Park, Bay Point

June 21, 1:00 to 6:00 p.m Juneteenth Celebration 3rd and Railroad Ave., Pittsburg Info: 925-439-4156

June 21, 10 a.m. to 10 a.m. on June 22 **Relay for Life**

Los Medanos College track, Pittsburg





July 4, 5 p.m. to 9 p.m. Independence Day Fireworks Pittsburg Marina, Pittsburg

July 4, 2 p.m. to 10 p.m. 10th Annual Fourth of July Parade & Fireworks Vendors, car shows, food & entertainment

Antioch Riverfront

Info: 1 800 310-6563 or 415 456-6455

July 5, 6 p.m. to 10 p.m. 9th Annual Cityhood Celebration

Free concert and fireworks Civic Center Plaza Park, Main Street, Oakley

Info: 925-625-7011

August 24, Noon to 2:30 p.m.

Margarita Mile Air Show

Off the northeast shore, Bethel Island

Info: 925-684-9351

GOVERNMENT MEETINGS

ANTIOCH

Antioch Unified School District: 7 p.m., second and fourth Wednesdays, district offices, 510 G St. 706-4100.

Antioch Area Public Facilities Financing Agency (Mello-Roos District): 7 p.m., Antioch Unified School District boardroom, 510 G Street. 776-2030. Meets every other month, first Monday. Call to confirm meeting date.

City Council: 7 p.m., second and fourth Tuesdays, City Hall, Third and H streets. Parks and Recreation Commission: 7 p.m., second Thursday, City Hall, Third and H streets. 779-7070, Ext. 0.

BAY POINT

Municipal Advisory Council: 7 p.m., first Tuesday, Ambrose Community Center, 3105 Willow Pass Road. 458-1601.

Ambrose Park and Recreation District, 7 p.m., second Thursday, Ambrose Center: 3105 Willow Pass Road, Bay Point. 925-458-2457

BETHEL ISLAND

Bethel Island Municipal Improvement District, 3 p.m., third Thursday, 3085 Stone Road, Bethel Island.

Municipal Advisory Council, 7 p.m. second Tuesday, BIMID office, 3085 Stone Road.

OAKLEY

City Council: 7:30 p.m., second and fourth Tuesdays, 3231 Main St., Oakley. 625-7000.

Liberty Union High School District, 7:30 p.m., second and fourth Wednesdays, District Offices, 20 Oak St., Brentwood. 634-2166

Oakley Unified School District, 7 p.m., third Wednesday, District offices, 91 Mercedes Lane, Oakley, 925-625-0700

Ironhouse Sanitary District: 7:30 p.m., first Tuesday, district offices, 450 Walnut Meadows Drive, Oakley. 625-2279.

Planning Commission: 7:30 p.m., first and third Mondays, 3231 Main St. Oakley. 625-7000.

PITTSBURG

City Council: 7 p.m., first and third Mondays, council chamber, third floor, City Hall, 65 Civic Ave, 925-252-4850.

Planning Commission: 7 p.m., second and fourth Tuesdays, City Hall, 65 Civic Ave. 252-4920.

Pittsburg Unified School District, 7:30 p.m., second and fourth Wednesdays, 2000 Railroad Ave.



COUNTY & REGIONAL

Contra Costa County Board of Supervisors: 9 a.m., first four Tuesdays, Room 107, County Administration Building, 651 Pine St., Martinez. 646-2371.

Delta Diablo Sanitation District: 5:30 p.m., second Wednesday, district offices, 2500 Pittsburg-Antioch Highway, Antioch, 778-4040.

Contra Costa County Local Agency Formation Commission: 1:30 p.m., second Wednesday, room 107, County Administration Building, 651 Pine St., Martinez. 646-4090.

State Route 4 Bypass Authority: second Thursday, Tri Delta Transit building, 801 Wilbur Ave., Antioch. Call for starting time. 925-686-0619.

East County Transportation Improvement: second Thursday, second Thursday, 801 Wilbur Ave., Antioch. Call for starting time. 925-686-0619.

East Contra Costa Fee & Financing Authority: second Thursday, Tri Delta Transit building, 801 Wilbur Ave., Antioch. Call for starting time. 925-686-0619.

Transplan: 6:30 p.m. second Thursday, Tri Delta Transit building, 801 Wilbur Ave., Antioch. 925-335-1201.

CONTACT THE SUPERVISOR'S OFFICE



Supervisor Federal Glover, District 5

315 East Leland Road, Pittsburg, CA 94565 925-427-8138

Website: http://www.co.contra-costa.ca.us/depart/dis5/dist5@bos.cccounty.us

David Fraser, Chief of Staff dfras@bos.cccounty.us

Ed Diokno, Public Policy Analyst ediok@bos.cccounty.us

Paul Adler, Administrative Analyst padle@bos.cccounty.us

Lynn Reichard, Administrative Assistant lreic@bos.cccounty.us

Tonya Smith, Assistant tsmith@bos.cccounty.us



ELECTRONIC NEWSLETTER

If you would like to receive this newsletter via e-mail, please click here, provide necessary information and send.

http://www.co.contra-costa.ca.us/depart/dis5/contact.htm